Talking About

Medication Storage

Keeping Medication Out of Little Hands

Approximately 35,000 young children are brought to the emergency room each year because they got into medicines that were left within reach.¹



Tips for Safe Medication Storage^{1,2}



Store High and Out of Sight

Keep all medications out of sight.



Put Medications Away Every Time

Pick a location that children cannot reach or see. Do not store medications on the kitchen table, countertop, or nightstand. Ensure all child-resistant caps are secure.



Remind Your Guests

Tell any family members or houseguests to keep things like purses, bags, or coats with medications in them out of sight and out of reach.



Educate Your Children

Talk to your children about what medicine is and what it does for them. Never tell them that their medicine is candy, regardless of the taste or if they don't like to take it. Also, ensure they understand that medicine should only ever be given to them by a trusted adult.



In Case of Emergency

Please call your poison control center at 800.222.1222 *immediately* if you think a child might have accidentally taken a medicine or vitamin. Program that number into your cellphones and home phones so you have it when you need it.

If you'd like to learn more about secure medication storage, visit the Up and Away Campaign's website.² Be sure to share these safe storage tips with family and friends!

Sources:

1. Centers for Disease Control and Prevention. https://www.cdc.gov/medicationsafety/protect/campaign.html#:~:text=Always%20relock%20the%20cap%20on,of%20children's%20reach%20and%20sight. Last Reviewed: February 23, 2023. Accessed March 27, 2023.

2. Up & Away. An initiative of PROTECT in partnership with the Centers for Disease Control and Prevention (CDC). http://www.upandaway.org/. Accessed March 27, 2023.

